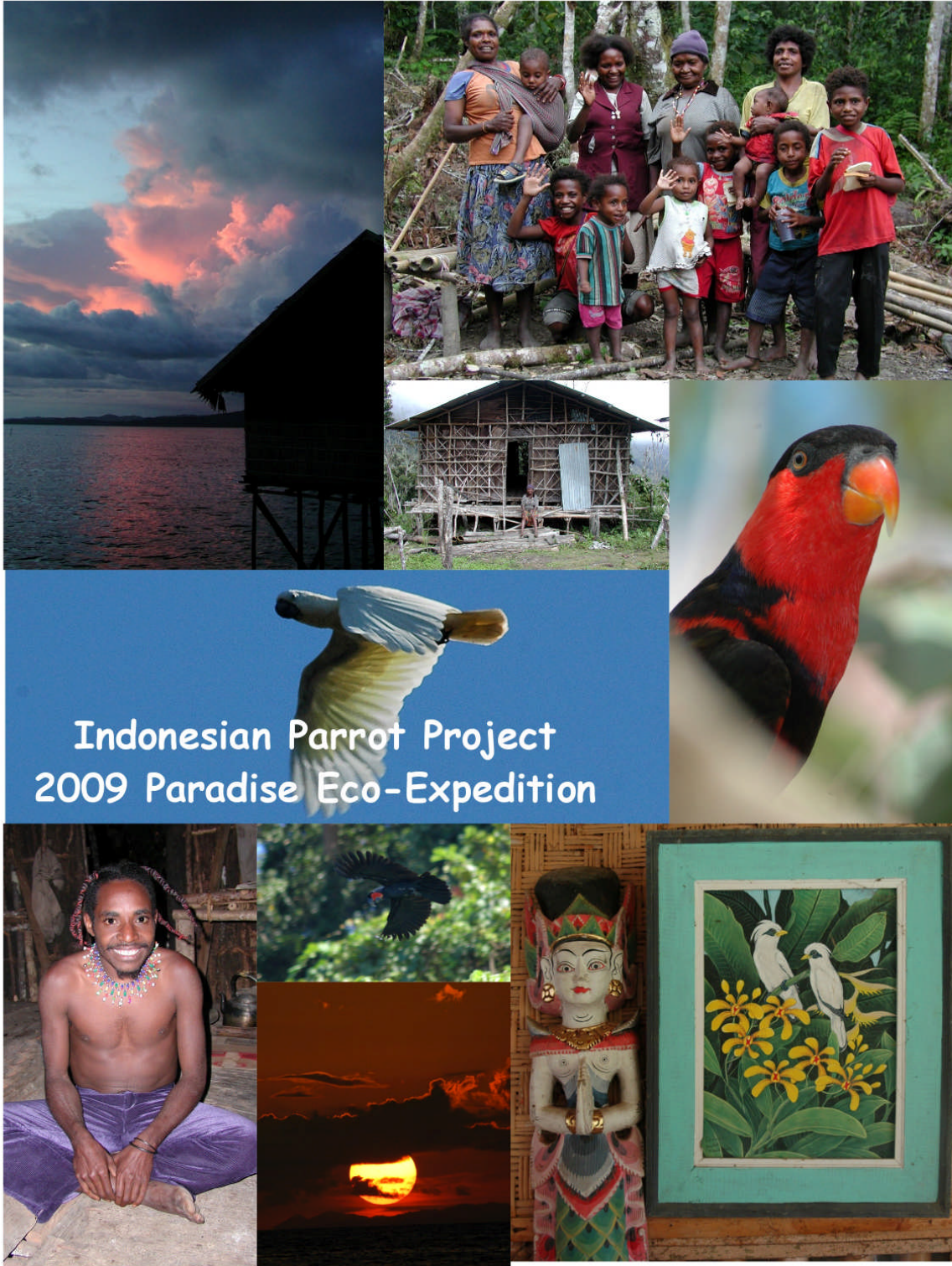


2009 Paradise Expedition Briefing



Indonesian Parrot Project
2009 Paradise Eco-Expedition

2009 Paradise Expedition Briefing

Itinerary

November 7 to November 22, 2009

(Please note that as we are traveling in Indonesia, there is a chance that some scheduled activities may change – please be flexible – it's part of the adventure!)

Saturday, November 7 – Arrive Bali

When you arrive in Bali you will proceed through customs and will be met at the airport. You will be transported to our hotel and rest. Dinner is on your own tonight, since after countless airline meals and a long flight; you may not feel like eating much. However, the restaurant in the hotel is great, and there are lots of nearby restaurants.

The Udayana Kingfisher Eco Lodge is a bird sanctuary protecting around 30 ha in South Bali. Udayana follows the Green Globe 21 eco management principles and their Bali Lodge is the only small hotel in Indonesia with this high level of eco certification. The hotel offers a warm and welcoming staff, restaurant service and bar, good quality double or twin rooms (with AC, fan, attached bathroom, solar hot water, IDD phone, desk and chairs) and a fast laundry service. Udayana Kingfisher eco Lodge also has free wireless internet, a beautiful swimming pool, extensive gardens, rain water storage systems, sewage recycling, work composting and an effective recycled rubbish disposal system.

Sunday, November 8 - Turtle Sanctuary Release Trip

After breakfast at the hotel, we will stop to exchange money, and then visit Perancak, the home of a small community-run turtle conservation program. After being driven close to local extinction by over- hunting, the first turtle in 37 years landed to nest on Perancak beach in 1997.

Kurma Asih, the 'turtle lovers' group, was quickly formed in the community, and a conservation program launched in conjunction with an international NGO. The program aimed at saving new turtle nests from predators including poachers hoping to sell the eggs in the markets. When the NGO phased out of the project in 2002, Kurma Asih carried on alone. Amazing progress has been made. The 2008 nesting season brought a record of one hundred turtle nests - containing nearly 10,000 eggs - to safety in the Kurma Asih hatchery.

The highlight of your day at Perancak will be the opportunity to set a baby turtle on the sand and watch him or her flap, hesitate and stumble towards the sea for the first time.

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The villagers involved in the project will be on hand to tell you all about your turtle's life cycle. You'll also see the amazingly decorated Madurese-style fishing boats in Perancak Bay, and get a hands-on demo of the giant bamboo instruments of the Jegog orchestra. We will also have a locally made lunch (included) on the beach.

After we arrive back at the hotel we'll meet in the bar for a cold Bintang, (the favorite brand of beer) in the bar and we'll brief you on what to expect during our adventure. Afterwards we'll have dinner at the hotel and get to know each other better!

(Note: Until we return to Bali, all meals are included with the exception of any alcoholic drinks)

Monday, November 9 - Bali to Gam Island

Today we will be flying from Bali to Makassar, (some good crafts shopping in the Makassar airport) and then fly to Sorong, West Papua. From there we will travel by fast boat to the Island of Gam, a tiny and very hospitable island paradise. (FYI: airline connections to Sorong can be a little erratic, so please understand that we might have to spend the night in a Sorong hotel and leave in the morning.)

When we arrive in Gam we will be greeted by the villagers, then hike up to our jungle guest hut, Rumah Teman ("House of Friends"). This hut was built by the Indonesian Parrot Project in a garden from which you can often view birds such as Eclectus, hornbills, Red-cheeked parrots and if we're lucky Palm and Triton cockatoos. West Papua is also home to some of the worlds most spectacular lorries and lorikeets. On this part of the trip we should see Black-capped lorries and Green-naped (Rainbow) lorikeets, and possibly several others lorries.

Tuesday, November 10 - Gam Island

Today with our experienced local guides, we will make several hikes to view cockatoos, parrots and other birds including the Blythe's Hornbill.

Wednesday, November 11 - Gam Island

We awake very early in the morning to view the Red Bird of Paradise (*Paradisaea rubra*) as well as look for parrots and cockatoos. You will have to climb up to the blind and quarters are very tight, so we may have to take turns. After lunch at the hut, we will hike to a beautiful lake for a boat ride, and then return in time to look for birds before dusk.

Thursday, November 12 - Village of Yenwapnour, Stone Island & Eco Kri Resort

Just before dawn we'll go look for birds, then after breakfast hike back down to the village and visit the local village of Yenwapnour. We will then pass out gifts to the children and briefly visit their school. Late in the afternoon we will proceed to tiny Stone Island to watch in boats offshore for Great-billed parrots returning in a large flock to their nocturnal roosting site.

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Afterwards we will visit to the Eco Kri Resort, just minutes away. Our accommodations will be huts built directly over the ocean with stunning views of Papua. This resort is a world class diving site and there will be opportunities for snorkeling and relaxing. World class scuba diving is also available here at your own cost. We will be staying here for two nights. www.papuadiving.com

Friday, November 13 - Waigeo Island & Eco Kri Resort

Today with our experienced local guides we will venture again into the forest, early morning and mid afternoon, to view birds, looking for the spectacular Wilson's Bird of Paradise. During the afternoon we will be snorkeling at the Eco Kri Resort.

Saturday, November 14 - Batanta Island

Rise early for another birding opportunity on Kri Island, then head by boat to the Island of Batanta. We sleep in "Rumah Teman 2", another comfortable eco-tourism hut build by the Indonesian Parrot Project. After we arrive, we will settle in and look for birds. There is a large population of Palm cockatoos and Eclectus here, and usually Triton cockatoos. Often the Palm cockatoos come down and roost right above our sleeping hut. We will also go out in boats looking for them, since they often come down to the mangroves along the shore to find the fruits of the ketapong trees there.

Sunday, November 15 – Batanta Island to Sorong (capital of West Papua)

Today we go by boat to Sorong, (the capital of West Papua) do some birding in the afternoon, overnight at a local hotel and leave in the morning for Manokwari.

Monday, November 16 - Sorong to Manokwari

After breakfast we will fly to Manokwari, where from there we will continue our birding adventure on Arfak Mountain. We will be transferred to our hotel and secure our traveling passes (Surat Jalan). That afternoon we will bird in the south part of town and expect to a myriad of birds including the Grey-headed Goshawk, Red Cheeked & Eclectus Parrot, Palm & Sulphur Crested Cockatoos, Rufous-bellied Kookaburra, Blyth's Hornbill, Rainbow Bee-eater, White-bellied Cuckoo-shrike, Yellow-bellied Sunbird, Yellow-faced Myna, Lesser and King Bird of Paradise, and many others.

Tuesday, November 17 - Expedition to Arfak Mountain

Today after breakfast, we will take a wild three hour 4-wheel drive ride up the mountain (including driving through rivers) and enjoy spectacular scenery as we reach trip our main camp site of Siyoubrig Village which is situated at 1.400m above sea-level. The bird variety here is extraordinary and amazing!

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Wednesday, November 18 - Arfak Mountain

Today will hike to the higher elevations to allow us to see different species including such birds as seven species of Birds of Paradise: (Long-tailed Paradigala, Superb BOP, Western Parotia, Magnificent, Black and Buff- tailed Sicklebill, Arfak Astrapia), 1 species of Bowerbird (Vogelkop Bowerbird), plus other non BOP/Bowerbird, such as: the Wattled Brush-turkey, New Guinea Harpy Eagle, Black-mantled Goshawk, White-striped Forest-Rail, Black-billed Cuckoo-Dove, White-breasted Fruit-Dove, Papuan & Yellow-billed Lorikeet, Blue-collared & Vulturine Parrot, Modest & Brehm's Tiger Parrot, Papuan Boobook, Feline & Mountain Owlet Nightjar, Black & Rufous-backed Fantail, Papuan Parrot Finch, and others.

Thursday, November 19 - Return to Manokwari

After breakfast we'll do some morning birding and return back to the village for lunch. After lunch, we will pack up our gear and drive back to Manokwari town. Check in our hotel and enjoy a farewell dinner with our Papuan guides at a local restaurant.

Friday, November 20- - Manokwari to Bali

Today we fly back to Bali and the Kingfisher Hotel. After a hot shower and a rest, we'll have dinner in a local restaurant. (*dinner is on your own*)

Saturday, November 21 - Bali

Today we'll visit Ubud, the most famous arts and crafts markets in Bali. There will be plenty of time for shopping. Bali is world renowned for its amazing crafts, jewelry, carvings, batik, spices, fabrics, and souvenirs. We'll have lunch at Ubud (*on your own*) and visit a local temple. After a full day of shopping and absorbing the Balinese culture we'll end our day with having a sunset dinner on the beach in Jimbarin with strolling musicians, fresh caught seafood and a time to share our stories.

Sunday, November 22 – Back to Parts Unknown

Fly Home with great memories and photos, and a changed way we look at our beloved parrots!

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Team Briefing

Financial Terms & Conditions

The price for the Paradise Expedition, per person is \$5,250.00. International airfare from your destination city is not included in the trip price. We can offer you recommendations of travel agencies that may be able to help you find a good fare. The prices are based on shared rooms. Single rooms will be charged at a slightly higher rate. Please be aware that single rooms are only an option when we are staying at certain hotels, and we will do our best to accommodate your needs.

Joining us on an eco trip also provides each guest a lifetime membership in the Indonesian Parrot Project.

Additional Costs

Additional costs may include passports, tourist visa, (\$25 per person) airport taxes, travel insurance and the costs of any side trips made during your visit in Bali, (with the exception of scheduled day tours), any meals not specifically mentioned below, other services at the hotel (phone calls, laundry, room charges, etc.) and your shopping budget.

Method of Payment

To hold a space on the expedition, you must submit a 50% deposit with your reservation (full amount is due 60 days before the expedition – August 15, 2009. Please send a check made out to Indonesian Parrot Project and mail to our Chief Financial Office, Maggie Sichel-Pinatelli at 1417 Deer Lane, Sebastapol, CA

Cancellation and Refund Policy

If you cancel 90 days or more prior to team departure all payments are refundable (less \$250 administration fee per person).

If you cancel between 45 and 89 days prior to team departure, 50% of your payment will be refundable.

If you cancel less than 45 days prior to team departure, all payments are non- refundable regardless of circumstance.

Health Forms

Attached to this briefing are several forms, including a health form which needs to be filled out by your doctor. Please be advised that candidates must be in good physical condition or may be refused participation in the trip.

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Rendezvous

For both trips we will rendezvous in Bali. A representative from the hotel will be at the airport to pick you up.

Visa & Passport Information

American citizens require \$25 U.S. for a tourist visa to enter Indonesia. To make sure we can get your *surat jalan* (walking papers) for West Papua, we request that you scan a copy of your passport and send it or email it to Bonnie Zimmermann no later than September 1, 2009. The address is Indonesian Parrot Project, 1111 Deputy Drive, Pope Valley, CA 94567 or you email to bzimmerbird@gmail.com

Please be sure your passport is up-to-date (U.S. passport must be valid for 6 months beyond stay and must have at least **four blank pages** for immigration).

Carry at least 2 copies of the cover pages of your passports, and additional passport photos of yourself.

Travel Insurance

Travel Insurance is mandatory, and offers an added sense of protection. It can be purchased online in advance. We have used three different companies and they are all good. Visit www.travelguard.com, www.specialtyrisk.com, and www.globaltravelinsurance.com

Outside Communication

Regular phone service is not available in West Papua with the exception in the cities of Sorong and Manokwari. You will be able to make regular calls in Bali and some cell phone companies provide international roaming and also do work in Bali. Check with your supplier.

Currency – The Key is in the Details!

Currency exchange and ATMs are available in the Denpasar and Makassar Airports. Traveler's checks are not accepted in most banks or stores in Indonesia; it is probably not worth bringing them. We don't recommend the use of credit cards except in major hotels or larger stores; however, you should bring one for emergencies. Plan on either using your ATM card for money (ideally bring two), and bring American money, preferably \$100 bills.

Any bills dated 1996 or 1999 will not be accepted anywhere in Indonesia due to counterfeiting problems in the past. They will **only accept** the 2001 or the very new 2003

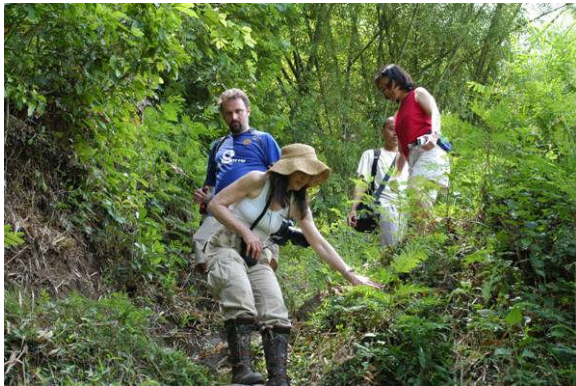
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issue of \$100 bills and **will not** take the following series: CB, DB, and DH. You can locate that number on the upper left hand of the bill. **We will obtain the newest information on what bills are acceptable in July 2009 and will forward to you.**

Allow at least several weeks for your bank to obtain these for you. Also throughout Indonesia, people will not accept bills that are worn or ripped. A rip of only 1/16th of an inch can make a bill unusable. If you are planning on exchanging more than a few hundred dollars (which in all likelihood you will), please be aware that Indonesian money is bulky, so bring an appropriately sized waist-pack or purse to carry it in. Depending on your shopping plans, we can advise you how much cash to bring.

Physical Conditioning

Participants must be healthy and able to walk over uneven terrain on forest trails. We routinely hike several hours during the day and up to 90 minutes through the dark to arrive or return from birding sites. Hikes may traverse deep mud or dense roots; some are uphill climbs or involve walking through some dense rattan vine with sharp, cutting barbs. (Of course, our guides will help clear the way). Besides hiking, we will be traveling by speed boat, 4-wheel drive vehicles, and possibly long boats (sitting on hard wooden seat-less plank seats) and on domestic flights.



(Mandy, Angela & Andrew in Bali)

Volunteers allergic to bee stings must bring their epinephrine shots as stinging bees, wasps, and ants are common. It is very important that you talk to your doctor, or if possible, visit a Travel Clinic, about immunizations and malaria prophylaxis at least 4-6 weeks prior to departure.

The team leaders carry a well-stocked first aid kit, but participants are encouraged to bring a small supply of personal medications, including pain killers, anti-diarrhea medicine, and Cipro (a broad spectrum digestive system antibiotic.). Talk to your doctor about other potential medicines.

There is no official physician, nurse or EMT on the team and the time to reach the nearest hospital can be up to seven hours. That is why we require Travel Insurance which includes coverage for Emergency Evacuation. In case of emergency, prior to departure we

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will need the contact information for company you have chosen and your policy number. We also suggest that you check with your health insurance company regarding coverage, policies and procedures for any emergency care delivered in outside of the United States.

Accomodations in West Papua

Our traditional-style guest huts are simple, yet comfortable. In Papua we will be sleeping in elevated wood huts or tents; all you will need is a good sleeping pad (not a sleeping bag itself) and a light sheet or blanket. Jungle camps will have primitive latrines, but be prepared that you may have to use the forest as a bathroom. We will teach you the proper way to do this so as not to impact the environment. These outdoor facilities offer very little privacy.

Our jungle camps are very unique places to view the birds will leave you with incredible memories about your experience, but please understand they are primitive.

The Eco Kri Resort is simple, elegant with great food. The rooms are on stilts over the bay and are completely made out of local materials, have electricity and fans, but do not have sinks or bathrooms. On the grounds there are several bathing areas. They do have flush toilets and the dining area also serves beer, wine and soft drinks.

At our jungle camp on Batanta, bathing can be done in the stream, but in other parts of West Papua we take a “mandi” or shower. In a private area or in a forest enclosure, you will get a medium sized bucket of water and a ladle to rinse with. It’s simple, but effective.

Meals

In the tourist areas most types of food and drink will be available, but meals will become simpler as we move into the forest areas. Except in Bali, diet drinks are not available. We can accommodate vegetarians and special dietary needs if we know in advance. Most



meals are based around rice and fish, noodles and a few vegetables. Due to the lack of refrigeration, dairy products and ice are not common. Also cold drinks and beer are usually not available except in the big cities. We suggest you bring your favorite snacks or protein bars to supplement your diet (and its fun to share things with the local people!) Candy is a rare treat for the local children.

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Respect for Culture

Please be aware that we are traveling to a complex culture that is very different than the United States, so we must be aware that what might be viewed as normal public behavior in the U.S., may offend or clash with the sensibilities of local residents in Indonesia, or potentially violate local laws.

Beyond practicing cultural sensitivity and showing common courtesy, please be mindful of the following limitations.

Please take care not to make off color jokes or comments. Likewise, some discretion should be used in choice of clothing. When in tourist areas such as Bali, you are free to dress as you wish, but when we are visiting areas outside of the large cities we ask that women **avoid wearing low cut tops, short-shorts, revealing clothing, bikini bathing suits, low rise jeans, tank tops, etc.**

Indonesia is a strict country and offers the death penalty for those possessing illicit drugs. Possession, use, or purchase, and/or sale of illegal drugs is strictly forbidden while on a IPP expedition. Prescription drugs may only be purchased and used by the individual indicated on the prescription, in keeping with the intended-use guidelines.

Facts About Fears

We have made many trips to Indonesia, and we love it so much we can't wait to go back. Many of your friends and family will think you're crazy and talk about all the scary things you'll encounter. So let's talk about them and what the chances actually are. After all, knowledge is power.

Civil Unrest

Not surprisingly, we're sure you have heard concerns about safety issues with respect to the political situation in Indonesia. We imagine these questions will cross the minds of just about everyone on the trip.

If you read all the US State Department travel advisories, there's a good chance you'll never leave the country. Perhaps that's why only 4% of Americans hold a passport, and even a smaller fraction use them. Just rest assured that the millions of Europeans, Aussies and Japanese that continue to travel to Indonesia each year will tell you it's perfectly safe to travel to the areas where we are going. Despite years of ongoing political "emergencies", we assure you that we have never once felt at personal risk. Please keep in mind that Indonesia is a Muslim country: it is NOT a country of terrorists! To put things in best perspective, we honestly feel safer here than in the big cities in the US.

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On the other hand, having said that, please understand that you will be traveling to some of the most remote places on earth. Part of the fun is treating the whole trip as one big *petaluangan* (adventure). Things WILL undoubtedly go wrong! "Tidak apa-apa" (or as they say on Seram: "Moolamoolakoa")--which are both local equivalents of "NO WORRIES, MATE!".

10 Meter Man-eating Pythons

Such things are rumored —at least one film crew has scoured Papua in search of the world's longest snake. We, however, can consider ourselves lucky if we spot a little 5-meter guy. As it turns out, people find pythons quite tasty. Fortunately (or unfortunately?) the feeling isn't mutual.

Pythons only very rarely eat people. Pythons much prefer pigs and deer. The snake's three-week sedentary digestion process makes a worthy tourist spectacle.

In case you're generally adverse to slithery serpentine things, you're in luck. As an oceanic islands, Raja Ampat has kept most snakes at bay.

Headhunting Cannibals

Yes, they still exist – at least we know for sure in Maluku and Papua. But the instances of head-hunting are few and far between. To be safe, consider wearing stiff collars and long hair, and don't pick any fights. Ladies, don't worry, they are looking for men, not the fair sex. (Gosh and I was going to get my hair done!)

Bugs

Not much problem at the beach camps in West Papua. But on the forest floor, in certain areas, mosquitoes and sand flies can be a nuisance. It's best to move through these areas quickly and to protect yourself with lightweight clothing and repellent, and always wear long pants and socks (ideally, tuck the former into the latter) when walking through grass or underbrush. Please see the Packing List for more details about clothing.

On clothing, you might consider an investment in some of the space-age jungle outfits available through most outdoor retailers these days. The best ones are the thin, soft nylon varieties that might pass for cotton. You'll be a very happy camper in these as they're loose-fitting, fast-drying (a VERY important feature), and simply help you look and feel the part of the swashbuckling jungle adventurer. AVOID cotton which dries agonizingly slowly if at all in the tropics. (and it gets stinky!) The khaki and olive tones of most of these clothes blend well in the forest and cause birds the least possible alarm.

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Please avoid bright colors – we’re trying to blend into the forest. Three to six changes of shirts, socks and underwear (for example) are ideal. One can be hand-washed and solar dried as you wear the other.

While still thinking about clothing, remember that “happy feet means happy people”. Choose lightweight, comfortable hiking boots. Thin Capilene (or polypropylene) liner socks make a nice, soft wicking layer between your feet and regular socks. If you're prone to blisters, bring along Second Skin, Mole Skin, or the like. Better yet, hike around lots in your shoes before coming. Bring LOTS of fresh socks, foot powder, and some camp flip-flops. Or go all out with Teva's or Chaco Canyon sport sandals. Any guest who says he/she is "gellin' like Magellan" will be roasted in a pit over embers!!!"

But back to bugs! As well as protective clothing, there are times you'll want repellent. I like some of the great botanical (Citronella-based) mixture (which work most of the time; Stewart says that studies show it to be nearly useless), then curse it out and resort to DEET when necessary. It has been shown that 20-35% DEET works just about as well as up to 100%. The little dropper bottles are far easier to keep handy than those big spray bottles (which are also not welcome on planes). For those of you who are really sensitive, you might want to bring a mosquito net for sleeping. We have a few of these already in Seram and if you let us know ahead of time, we'll make sure we bring them. You want to hear something really scary? After five years of time in the field, I rarely use bug repellent or nets – I'm just used to it.

Other than the mosquitoes and sand flies, Seram and West Papua don't boast much excitement in the creepy-crawly realm. If you're anticipating run-ins with deadly assassin bugs, excruciating bola ants, or maggots that burst out of your skin, make a detour to Central and South America. There are some large Golden Orb Web spiders with big webs (the largest in the world) occasionally crossing the trail; the guides will remove the webs or we just walk around (after taking photos, of course). They are not dangerous to humans, except for the usual concussion or broken leg or two sustained trying to get out of the way of them. Also we may run into a few leeches now and then, (but that's why you're wearing long pants – right?)

Diseases

Surprise! Malaria is endemic to West Papua. Indonesia has some falciparum, the nastiest of the malaria bugs. Legally, we cannot make any more than suggestions about your medical care. However, it's a good idea to give some personal consideration to your choice of prophylaxis – we suggest malarone, and not Larium. We strongly recommend that you

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are positive that both your tetanus and polio immunizations are complete and up-to-date; polio is now being reported in Java (albeit far from where we are going). Aside from anti-malarials, you'll probably want a typhoid vaccine—now oral and painless. Hep A will probably be recommended. Discuss other possibilities with a Health Care Professional trained in Travel and Wilderness Medicine.

The Water

Indonesians are quite sensible about water. In developed areas, bottled water is readily available. Elsewhere, and in private homes and smaller restaurants, drinking water is boiled and when served, is often still quite warm. Such purified water is known as air putih (eyer-r poo-teeh).

Ice in the larger hotels and restaurants should appear as the little cubes you're used to. This means the ice was made on the premises and is generally safe.

When jungle-camping we will collect water, mostly out of springs, but will treat it with water purification tablets to be safe and offer it to you to fill your water bottles.

Shopping

We'll have the opportunity to do some shopping in Bali and there are incredible items to be had for very little money. You'll find wood and stone carvings, batik clothing and linens, artwork, sarongs, jewelry, and all kinds of wonderful local crafts.

Eco-Tour Packing List

Note: There are an increasing number of garments available in the BUZZ-OFF brand, meaning that that are pre-bound with permethrin, an excellent, broad-spectrum repellent of biting insects. We have been pleased with these, although they are on the expensive side.

- 2-3 pair of lightweight shorts, ideally fast drying nylon. Particularly useful are the nylon pants which zip off at the knee to become shorts, leaving the leggings to be washed separately
- 2-3 pair lightweight long pants, fast drying nylon
- 2-4 lightweight long-sleeved shirts, avoid cotton, use nylon where possible. A compromise is Cool-Max polyester blend, although not nearly as fast-drying as nylon.
- 6-8 other shirts and tank tops
- Socks (get the hot weather kind; consider BUZZ-OFF)
- Underwear (micro fiber is best in rainforest climates)

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- Lightweight jacket
- Lightweight hiking boots (these should have already been broken in)
- Sports sandals (for example Teva, Chaco)
- Flip flops
- Swim suit (modest please)
- Hat, preferably broad brim and quick dry
- Sunglasses
- Bandannas (you'll want some sort of sweat band and these always look cool)
- Flashlight(s) at least two, one a strong headlamp, one handheld, and maybe one more backup.
- Package of 10 - 20 AA batteries and some AAA (depending on your two flashlights) if needed. This is not too many – they will come in handy.
- Binoculars – best you can afford
- Camp towel – largest you can find and quickest drying
- Small pillow for sleeping, a flat form one for sitting on in the boats (optional)
- Biodegradable camp soap, for body, hair and clothes
- Thermarest or other – sleeping pad Note: sleeping bag NOT needed
- Silk sleeping bag liner, light blanket or sheet -- used as blanket
- Backpack big enough for overnight treks
- Insect Repellent
- Sunscreen
- Over the counter medications, i.e., aspirin, Tylenol, Imodium, Benedryl, Pepto Bismol
- All your prescription medications including Malaria and seasickness pills
- Second set of eyeglasses
- Water bottle and holder.
- Camera and precharged backup batteries. Access to power is very limited, and if you are traveling with a digital camera or other equipment – please be sure to bring extra batteries. We'd hate to see that you missed that fantastic shot because you were out of power.
- Personal entertainment--strongly suggest you bring 2-3 books or a supply of music. An iPod is perfect for this kind of trip.
- Sturdy waist pack or purse large enough to conveniently and safely carry passport, credit cards, airline tickets, and a thick stack of Indonesian cash (rupiah)
- **Optional**
 - ✦ Protein bars, dried fruit, nuts, vitamins, etc. to supplement your diet
 - ✦ Pens, mechanical pencils, erasers, note book
 - ✦ Gifts or small items for the children at the villages

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- ☀ Dry bag, especially good for protecting valuable items such as cameras and binoculars. Several large packets of desiccant and/or a Pelican-style humidity and shock-proof camera case are recommended
- ☀ Alarm clock
- ☀ Pocket knife (do NOT pack this in your overnite airline bag!)
- ☀ Pocket English-Indonesian phrasebook

Reading List

*Paul Jepson Fielding's Birding Indonesia Periplus Editions

A Neotropical Companion, John C. Kricher, 1989. A good introduction to general tropical ecology. Written in a simple, easy-to-read style.

*Birds of Indonesia Field Guide, Morten Strange

*Maluku – Indonesian Spice Islands, Periplus Adventure Guides

Tropical Diversity, John Terborgh, 1992. This is a nice mix of coffee table book and scientific treatise. Interesting and readable scientific style text describes a wide variety of complex rainforest interactions and is richly illustrated throughout with photos, graphics, and charts.

*The Malay Archipelago, Alfred Russel Wallace, paperback published by Periplus www.periplus.com

*Ibu Maluku, W. Ronald Heyneman, paperback published by Temple House Pty, Ltd. Australia

Nathaniel's Nutmeg, Giles Milton, paperback published by Penguin Books.

NOTE: several of these, marked *, are usually available in the Indonesian airport.